

# NEW YORK STATE ○ 1-888-609-6292 SMOKERS QUITLINE

- The Smokers Quitline is a free service that provides New Yorkers with help when they are ready to stop smoking.
- The Smokers Quitline is staffed by information specialists who are specially trained to provide information and consultation on a variety of cessation topics, such as stop smoking medications, withdrawal symptoms and stop smoking programs.
- Callers can request Break Loose, a self-help booklet, and a listing of smoking cessation programs in their region.
- The Smokers Quitline is also designed to assist health professionals. Physicians and health care providers can use the Quitline service as a referral for their patients' stop smoking plans and to enhance recommended and/or prescribed stop smoking medications.
- Health care providers can also call the Quitline to obtain concise, up-to-date information on stop smoking techniques and medications, or to order office materials that can be shared with their patients.
- The Smokers Quitline also provides tobacco-related services to a variety of other callers, including friends and family of smokers, health educators, businesses, parents, and students who are looking for information.
- All services of the Quitline are free and confidential.
- The Quitline is located at Roswell Park Cancer Institute and supported through the New York State Department of Health.

State of New York

George E. Pataki  
Governor

Antonia C. Novello  
Health Commissioner